

2022-2023

Student Learning Centre: Peer-to-Peer Mentoring Program

Name of the Event: Workshop: Formulation of Herbal Soaps

Organised by: Department of Chemistry

Workshop Convenor: Dr Ambika

Mentors: Aman Deep Nain and Shashank Sahu

Date of the Event: 24th January 2023

Brochure of the workshop:





On 24th February 2023, a workshop on "Formulation of Herbal Soaps" was conducted. The workshop aimed to educate the participants on the various methods and techniques for formulating herbal soaps. The event was organized by Student Learning IQAC Centre of Hansraj College under the canopy of Peer-to-Peer mentoring program and about 20 participants from various departments attended the workshop.

The workshop began with a welcome address by Dr Ambika, who introduced the objectives and the agenda of the workshop. The mentors then proceeded to discuss the basics of soap making, including the chemistry involved in the process and the different types of soaps. The participants were introduced to the various ingredients used in soap making and their properties.

Later on the mentors demonstrated the different methods for making herbal soaps. The participants were shown the different techniques for infusing herbs into soap and how to make a herbal extract. The instructor also emphasized the importance of safety measures in soap making, such as wearing protective gear and handling with care.

In the final session, the participants were divided into groups and were given the opportunity to create their own herbal soap formulations under the guidance of the instructor. Each group presented their soap formulations, and the instructor provided feedback and suggestions.

The workshop concluded with a question-and-answer session, where the participants had the opportunity to clarify their doubts and share their experiences. One of the participants asked that "What is the need for herbal soaps and asked to elaborate about the commercially available soaps", Mentor replied to the same that most of the soaps available in market consist of harmful chemicals like parabens and sulphates which sometimes causes skin irritation, increase the oestrogen level, remove excess of oil from body and these are not suitable for all skin types. Therefore, herbal soaps are a good alternative which allow us to prepare soaps according to our skin type. Also, herbal soaps available in stores are very costly and soaps prepared in the workshop were cost effective and budget friendly.

Overall, the workshop was a success, and the participants left with a greater understanding of the techniques and methods involved in formulating herbal soaps. The workshop not only provided a platform for learning but also facilitated networking among the participants, who shared their own ideas and experiences.

In conclusion, the workshop on "Formulation of Herbal Soaps" was informative, engaging, and provided valuable insights into the world of soap making. The participants left with newfound knowledge and skills that they could apply in their own soap making ventures. We hope to conduct similar workshops in the future to continue to promote the use of natural and sustainable ingredients in soap making.



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